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School COVID-19 Early Notification

Date: January 15, 2021

Dear Parent,

We are writing to let you know that someone with COVID-19 was at your child's school. We also want to let you know the steps Public Health is taking to protect the school community.

This does not mean you or your family have been exposed to COVID-19. The person involved has been isolated. Because of this, there is no chance of direct exposure at this time.

The person with COVID-19 was at your child's school, Moscrop Secondary School, 4433 Moscrop St, Burnaby, BC on:

January 11, 2021

The actions Public Health is taking are as follows:

- We work to trace the person's contacts to find out how the person got infected and who they were in close contact with.
- We phone or send letters to the staff and students who were in close contact with the person and need to **self-isolate.**
- We might send letters to some staff and students and ask them to **self-monitor** for symptoms of COVID-19.

This letter does not mean Public Health will be contacting you. Public Health will only contact you if you or your child was directly exposed to COVID-19.

We ask you to:

- Please continue to send your child to school.
- Continue to monitor your child for signs of COVID-19 each day. You can use the Daily Health Check supplied by your school.
- Follow current public health orders to limit spread of COVID-19 in the community and schools.

For privacy reasons, we cannot give any specific details about the exposure except for what is in this letter.

Sincerely,

Fraser Health Population and Public Health
COVID-19 Call Centre
604-918-7532

How is COVID-19 transmitted?

This virus is spread by liquid droplets in the air. These droplets get into the air when an infected person coughs, sneezes, talks, or sings. Droplets can come from their nose, mouth or throat. These droplets can land on you if you are close by. The virus can also spread by touch. If droplets are left on objects and surfaces, you could become infected by touching these objects or surfaces. The virus enters the through the eyes, nose, or throat.

What if you or your child gets sick?

If you or your child have symptoms of COVID-19, *even mild ones*:

- Isolate that person from others at home right away.
- Get assessed using the BC Self-Assessment Tool.
- Get tested for COVID-19 as soon as possible.

  If you are not sure if you should be tested, here are your options:

  - Call 8-1-1.
  - Contact your family doctor.
  - Call the Fraser Health Virtual Care Team. 1-800-314-0999 (10:00 a.m. to 10:00 p.m. daily)
- Follow the directions given to you by the testing location on how long to self-isolate.

The BC Self-Assessment Tool
Find it online at bc.thrive.health
or scan this QR code.

How to self-isolate
Visit the BC Centre for Disease Control website
or scan this QR code.
bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf

Where to get tested
To find the nearest testing location, go to
fraserhealth.ca/COVID19testing
or scan this QR code

Where can you learn more?

- To speak with someone in your language, call HealthLinkBC at 8-1-1 with any questions or concerns. When you call, say your language in English three times, then wait until an interpreter comes on the phone.
- To learn more about COVID-19:
  - Go to the BC Centre for Disease Control website at bccdc.ca. Select 'COVID-19 for the public' or scan this QR code.
  - Go to our web pages on COVID-19 (fraserhealth.ca/covid19) for added resources and answers to frequently asked questions or scan this QR code:

A "QR code" (short for 'Quick Response' code) is a type of barcode you can scan with your smart device's camera. Once scanned, it takes you to that web page.