

School Name: Ecole Moscrop Secondary Principal: Chris Sandor

School Goal: Healthy Living – Mental and Physical Health Literacy – To help students understand and engage in healthy living behaviours to promote healthy physical and mental literacy in our school community.. Date: June 15, 2021

SCANNING

What's going on for your learners in relation to your goal?
 How are you supporting the diverse learning needs of your school population in relation to the goal?

Our goal is designed to make all students more aware of the factors that promote healthy living (both physical and mental) and the connection. Our long term goal is have all curricular areas participate and promote health awareness through curriculum with the culmination being our Health Day / Week in May where Health professionals and individuals from the community come to participate in discussions and presentations sharing their expertise for our students. Our participation in this goal is tied to our participation in the National Compass survey which is our principal source of data to drive the direction of our goal.

WHAT DOES OUR FOCUS NEED TO BE?

What evidence identifies the focus? What targeted groups are addressed?
 Where will concentrating your energies yield the greatest effect?

We continued to discuss grit and resilience as it relates to mental health well being. We are beginning to involve students in our goal as students are forming a Mental Health committee and it will be student led. We had a keynote speaker followed by presentations from the community (Health Day) for all our grades. 42 classes participated in this day. We also provided support to staff as well as we have realized they need support as well. We chose to originally focus on junior students but are now working with the whole school as each grade feels different pressures.

SPECIFIC GOAL YOU ARE ADDRESSING:

How does your data inform next steps? What is contributing to this area of focus? How will students benefit academically, personally, socially?

We have a baseline of data from the compass survey. The 2021 Compass Survey will be compared to the survey from previous years to determine if we are moving in the correct direction. Furthermore, we hope to survey the Physical Education classes on topics that they feel they would like to have more in depth information presented. The Physical Education department has spearheaded this goal in all their classes and has incorporated mindfulness in many activities as well as an emphasis on sleep and healthy living. Student and parental Health concerns have been communicated to the school and will be addressed in forums of Collaboration time, Phys Ed Health Curriculum and our Health Day in May as well as our new student mental health committee.

CHECKING

Have we made enough of a difference? Feedback, data collection, data sharing, data analysis. How is the data informing / modifying practice? What has changed for your target groups?

Data has already informed our practice and identified areas of need. Conversations with parents, staff, and students as well as community adults will be used to gather qualitative data that will improve practice. Conversations with teachers were also used to keep us moving forward and focused on this goal. Compass survey 2021 will assess the progress of our stakeholders.

NEXT STEPS:

What requires further attention? Where to next?

The long-term goal is to continue to have all curricular areas participate in lessons that connect their curriculum to healthy living. The cornerstone of our plan will focus on our student led committee as well as continuing to shine a spotlight on mental and physical health on a more regular basis. We will continue to provide Mental Health week/day with keynote speakers followed by the Health Day and afternoon information sessions on all aspects of healthy living but look to expand beyond the day/week. This will include all grades.

HOW AND WHERE CAN WE LEARN MORE?

What professional learning has taken place and what is needed/ planned?
 What resources and school/ district supports are you using?

Mental Health literacy training sessions for Administrators / Counsellors / teachers is supplementing our planning for this goal. As well, meetings of the group to re-assess our focus and direction. Our counsellors presented on Mental Health to the staff during the November Pro D day. We hope to have this as an ongoing item on for the staff professional development. We will also have this as a standing item at our staff meetings to ensure we are shining a spotlight on this important topic.

TAKING ACTION / WHAT ARE WE DOING DIFFERENTLY?

What is your implementation plan? Roles of key stakeholders? How are all 3 tiers supported? How will you monitor progress?

Tier 1 Whole school implementation – May Health Day – Grade 9-12 participating in Compass Survey. Grade 8's to participate in a school based Health survey. We hope to have curricular areas develop lessons specifically tailored to address healthy living applicable to their subject area during Health Week. Community stakeholders presenting at information sessions addressing student need / information on what resources are available and how to access those resources

Tier 2 Junior grades – targeting grit/ resilience – making connections between resilience and physical / mental living

Tier 3 Individual / small group interventions –Data / findings shared with staff to identify students / groups in need. Counsellors / resource team informed Key stakeholders – Students, teachers, parents, Community Health members, family of schools, District Staff

SCHOOL TEAM VISIT SUMMARY REPORT
(to be completed by Visiting Team)

SCHOOL: _____ DATE: _____

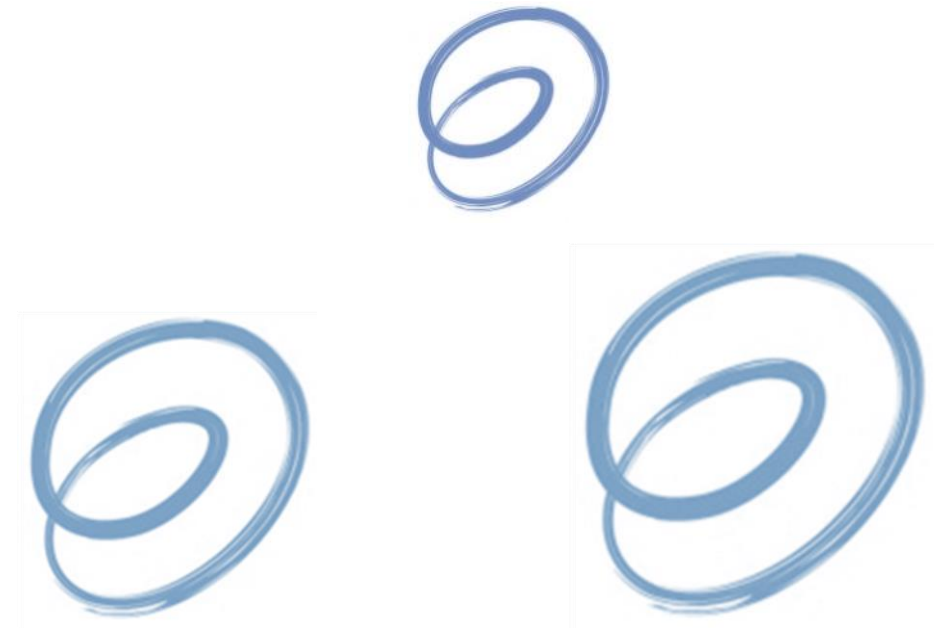
PROMISING PRACTICES

RECOMMENDATIONS

NAMES OF VISITING TEAM MEMBERS:

_____	_____
_____	_____
_____	_____
_____	_____

A SPIRAL OF INQUIRY APPROACH TO SCHOOL PLANNING



SCHOOL PLANS GUIDELINES:

- 1) School Goal(s) – must be clearly stated and include an academic / intellectual focus (such as Reading or Writing).
SEL may be an additional goal or incorporated in your academic goal.
- 2) Your goal should focus on student learning based on evidence both qualitative and quantitative.
Examples below:
 - a. Goal – To improve student skills in writing
Target – Group of Level 3 ELL students at Grade 8 not meeting expectations
 - b. Goal – To strengthen student comprehension skills K – 7.
Target – Group of grade 3 students / (male) not meeting expectations in comprehension.
- 3) This target group should be monitored for progress and this data should be included in your plan. If progress is not occurring, what are your next steps?
- 4) How are you involving parents in meaningful conversation around the school plan?
- 5) School Plans template
 - a. RTI
 - b. Inquiry Model