

# Student Self Assessment of the Core Competencies – Learning Conversations Information



## What are the Core Competencies?

The Core Competencies are a set of intellectual, personal, social, and emotional skills and abilities that all students need to develop so that they can engage in deep, life-long learning.

## There are seven Core Competencies:

*Communication:* How students exchange information, experiences and ideas.

- Acquire, interpret, and present information (includes inquiries)
- Explain/recount and reflect on experiences and accomplishments

*Collaboration:* How students work together to achieve a common goal

- Collaborate to plan, carry out, and review constructions and activities
- Connect and engage with others (to share and develop ideas)

*Creative Thinking:* How students generate new ideas and take them from thought to reality.

- Ideas have novelty and value
- Generating ideas
- Developing ideas

*Critical Thinking:* How students make judgements based on reasoning and available information.

- Analyze and critique
- Question and investigate
- Develop and design

*Positive Personal and Cultural Identity:* How students create healthy personal and cultural awareness in a pluralistic society.

- Relationships and cultural contexts help to shape who you are
- Personal values and choices
- Personal strengths and abilities

*Personal Awareness and Responsibility:* How students develop awareness of skills and strategies to stay healthy both physically and mentally.

- Self-determination (a sense of personal value and growing confidence)
- Self-regulation (taking responsibility for your own choices and actions)
- Well-being (mental, physical, emotional, social, cognitive, and spiritual wellness)

*Social Responsibility:* How students contribute positively to their families, community, society, and the environment.

- Contributing to community and caring for the environment
- Solving problems in peaceful ways
- Valuing diversity
- Building relationships

For more information visit: <https://curriculum.gov.bc.ca/competencies> or see the PowerPoint posted on the Moscrop website at <http://moscrop.sd41.bc.ca/students/core-competencies/>

## The Student-Led Interview

As a reflection and celebration of your learning and development in the Core Competencies, you will be participating in a Student-Led Interview of no more than **15** minutes in length. You will be assigned a teacher in the school to present your reflection on **one** or **two** Core Competencies. Teacher assignments are posted outside of the Counsellors office (Room 317) and the Main Office. You **MUST** email the teacher to set an interview time

My Interview date is: \_\_\_\_\_ My interview time is: \_\_\_\_\_

My assigned teacher is: \_\_\_\_\_ Room #: \_\_\_\_\_

I have introduced myself to the teacher or sent them an email to confirm my interview time.

Use the space below to prepare – bring this sheet with you to help you in leading and speaking during your Student-Led Interview.

My name is \_\_\_\_\_ and I am in Grade \_\_\_\_\_.

The Core Competency/ies that I am presenting to you on today is/are (circle one or two):

Communication

Critical Thinking

Personal Awareness and  
Responsibility

Creative Thinking

Positive Personal and  
Cultural Identity

Social Responsibility

The example from this school year that I have chosen is:

(see the PowerPoint at <http://moscrop.sd41.bc.ca/students/core-competencies/> for examples)

\_\_\_\_\_

I chose this assignment because:

\_\_\_\_\_

How does this assignment demonstrate my growth in this/these Core Competency/ies?

\_\_\_\_\_

I am most proud of this part of this assignment:

\_\_\_\_\_

I could have improved this part of this assignment:

\_\_\_\_\_

While completing this assignment, I learned this about myself:

\_\_\_\_\_

The Core Competencies are not a one-shot deal – they are meant to be skills and abilities that you grow and develop in over your life time. Thinking ahead to next school year, I am most interested in developing further in this/these Core Competency/ies (refer to the list of Core Competencies above):

\_\_\_\_\_

*Note: be prepared to elaborate on any of your answers as teachers may also ask you questions, such as "if you chose the assignment because you got an A on it, why do you think you deserved that A?"*

**Questions about the interview process? Ask any teacher or counsellor!**  
**And have fun with this – it's your time to celebrate your learning and development!**