### 2023 – 2024 Bell Schedule

# REGULAR DAY BELL SCHEDULE (Monday – Thursday)

#### Bell / Period Time 8:40 - 9:10Flexible Student Support Time Period 1 / 5 9:10 - 10:22 10:22 - 10:32**Nutrition Break** Period 2 / 6 10:37 - 11:49 LUNCH 11:49 - 12:29 Period 3 / 7 12:34 - 1:46 Period 4 / 8 1:51 - 3:03

# FLEX / COLLABORATION SCHEDULE (Friday)

Bell / Period	Time
Extended Flex / Collab Time	8:40 - 9:30
Period 1 / 5	9:30 - 10:37
Nutrition Break	10:37 - 10:47
Period 2 / 6	10:52 - 11:59
LUNCH	11:59 - 12:39
Period 3 / 7	12:44 - 1:51
Period 4 / 8	1:56 - 3:03

#### WELLNESS WEEK - DAY 4: ANIMAL THERAPY THURDAY!

Events for today are:

- Time Management Tips presentation in the library
- Lego workshop with Ms. Langille
- Visiting Puppies, Guinea Pigs and Bunnies
- Reminder: this morning, at 8:30am is the soap making workshop with Mr. Sidney.

Check mss.mentalhealth on Instagram for more information!

See you there! Final signups for our last events today in the foyer!

	Theme Day	Activities @ Lunch
Thursday Feb 29	Animal Therapy Thursday	<ul><li>Time Management Tips (library)</li><li>Building Minds with Lego (room 322)</li></ul>
Friday Mar 1	Fun Friday	<ul> <li>Soap Making Workshop (FLEX time, in Science Lab)</li> <li>Art Therapy (room 114 @ lunch)</li> <li>"Body Image &amp; Self Talk" (library @ lunch)</li> </ul>

**ATTENTION ALL VERSIFIERS, POETS, RHYMESTERS, AND WRITERS OF MOSCROP.** This announcement is for YOU and any other curious souls! Come join the SLAM Poetry club **today in Room 321 Thursday @ Lunch** as we explore this week's thrilling writing prompt: "describe your earliest memory". All are welcome today, Thursday the 29<sup>th</sup> @ Lunch in Room 321. Bring your trustiest pencil! *Ms. Green* 

**STAR FEST CLUB:** Do you want to know what lies in your future? Star Fest Club is doing Tarot Card readings from Monday to Friday in the Multi at lunchtime! Ask us a single question and /or have your own personal reading! See what your future holds and help us go to Nationals. *Star Fest Club/Ms. MacLean* 

**HEY MOSCROP!** Are you an audio expert that has experience working with sound equipment? Are you looking to gain some volunteer hours? Please see Mr. Hunter in Room 116 to sign up to help out during Evening of Talents on March 13<sup>th</sup>. Thank you, Senior Leadership/Mr. Hunter

**EVENING OF TALENTS:** Moscrop, get ready to shine bright! Ticket sales for Evening of Talents are now open! Grab your tickets for yourself and for family and friends! Tickets are \$6 each. We'll be in the foyer until March 1<sup>st</sup>. Join us for an unforgettable night of talented performances and prepare to be starstruck by dazzling skills and artistry on March 13<sup>th</sup>. Senior Leadership/Mr. Hunter

**LIP SYNC BATTLE!** Are you interested in completing in a lip-sync battle? Moscrop Student Government's annual LIP SYNC BATTLE is returning with a prize of \$250 for the winning contestant(s) and \$100 for 2<sup>nd</sup> place. Applications are available outside of room 116 from now until March 1<sup>st</sup>. Soloists or teams of up to 20 are allowed to sign up. Please head to @moscropstudentgov on Instagram for more details. *Student Government/ Mr. Albrino* 

**KPOP CLUB:** Attention to dancers! The Kpop Club is holding an audition for our next dance project! Please come to room 112 on March 1<sup>st</sup> or 4<sup>th</sup> to show off your dance talents. Visit our Instagram page @moscrop\_kpopclub for audition details. *Kpop Club / Ms. Chow* 

**DIVERSITY DANCE:** Attention All Students, on Wednesday March 6<sup>th</sup> the Burnaby School District will be hosting our annual District Diversity Dance. This dance is open to all high school students in the Burnaby school district, in the spirit of celebrating the diversity and inclusivity of our students. The dance will be held from 6pm-9pm at Byrne Creek Community School. Tickets will be on sale in the school office until Tuesday March 5<sup>th</sup> for \$10. There are only 35 tickets available per school, so buy them early to avoid missing out. The theme of the dance is "Enchanted Forest" so wear your best themed outfits! Hope to see you all there! *Ms. Green* 

**BCIT ENGINEERING INFO SESSION,** Tuesday, March 5 (5:00-6:30pm) @ BCIT's Burnaby Campus. Learn more about the diploma and degree engineering programs, ask questions at the panel discussion and info booths, and learn about hands-on learning experiences. Register at bcit.ca/Engineeringinfo. (Ms. Vancic)

**NIGHT OF 1000 GUITARS** - The Music Department presents A Night of 1000 Guitars concert on Wednesday March 6 at 7 pm in the Multi-Purpose Room. Moscrop guitarists will be presenting solos, duets, trios, quartets and rock band with music by classical and modern composers. Admission is by donation. *Mr. Haus* 

#### "IN SCHOOL" VOLUNTEER SERVICE HOURS

Students who give of their time beyond the requirements of a course and in service to the school will receive recognition at year end. Here is a summary of the minimum "in-school" volunteer service hours required to receive recognition:

- Grade 8s 20 hours or better
- Grade 9s 30 hours or better
- Grade 10s 40 hours or better
- Grade 11s and 12s 60 hours or better

Last week of each month, please submit your Record of Service Hours (for the months September 2023 to April 2024) to Ms. Clements in the office. The deadline for all records submissions is February 29, 2024. Service hours for. Ms. Clements

### **GRADE 11s**

**CLC 11 has begun!** Your first video and assignment have been posted in the CLC TEAM. Make sure you take a look and get them done by the deadlines. Below is a reminder of the CLC 11 dates and deadlines for Feb – June. - *Ms. Dato* 

DATE/DEADLINES	TASK DESCRIPTION
Between Feb – May	All students must plan to attend at least one post-secondary information session &
	gather proof (can be virtual or in person) for assignment #5
By Feb 20	Watch instructional video #1 & submit attendance form
Feb 26 - Mar 1	As part of Assignment #1 – attend ONE "Wellness Week" lunch hour activity
Mar 3	Complete Assignment #1 in TEAMS
By Mar 14	Watch Instructional video #2 & submit attendance form
April 7	Complete Assignment #2 in TEAMS
By April 24	Watch instructional video #3 & submit attendance form
May 5	Complete Assignment #3 in TEAMS
By May 21	Watch instructional video #4 & submit attendance form
June3	Complete Assignment #4
June 3	Turn in Assignment #5

# **GRADE 12s**

**ATTENTION GRADE 12'S**: This is your last reminder to complete the **Grad Gown survey** and submit your height. If we don't get your height, we can't order you a gown for the School Leaving Ceremony in May. **Just go to the "Grade 12 Grad Info" Team** and complete the survey which can be found there. Please make sure to submit your height in feet and inches! *Thank you, Counsellors* 

**Hey grads!** Please **SUBMIT YOUR GRAD QUOTES** via the google form below by February 29<sup>th</sup>. You will have an option to add an image alongside your quote, and all submissions will be reviewed by our team. Thank you! <a href="https://forms.gle/hUPNueZkfQX1DM1t8">https://forms.gle/hUPNueZkfQX1DM1t8</a> -The Moscrop Yearbook Team / Mr. Botting

See our website for information on grad events. <a href="https://moscrop.burnabyschools.ca/information-for-grads/">https://moscrop.burnabyschools.ca/information-for-grads/</a>

### **CLC 12 SCHEDULE**

Dates/Dandlines	Description
Dates/Deadlines	Description

## SCHOLARSHIP INFORMATION

# **ATTENTION Grade 12's interested in finding out more about Scholarships:**

- a TEAM has now been created, see link below:
  - o Join the Scholarship Team (Grad 2024)
  - o Join code: wusjr9r
- Watch the video posted in the TEAM for general information

For details about scholarships, subscribe to: <a href="https://moscropsecondaryscholarshipsblog.wordpress.com/">https://moscropsecondaryscholarshipsblog.wordpress.com/</a>

SCHOLARSHIP	DEADLINE
Indspire Bursaries, Scholarships, and Awards	August 1, 2024, at 11:59 PM (EST Eastern Standard Time)
BC Excellence Scholarship	February 5, 2024, to Ms. Wong
BCGEU Scholarships	February 15, 2024
District Scholarships - see TEAMS for more information	March 13, 2024 on Scholarship TEAMS (Assignment)
Kochhar & Co. CPA Scholarship	March 31, 2024
South Burnaby Metro Club	April 15, 2024
Burnaby Sports Hall of Fame	May 31, 2024

# IT DOESN'T OWN YOU Your Healthy Digital Life

Before you post, think about how it might reflect on you





Be kind & mindful that there's a real person behind the screen

Take a break if you get angry & wait before you respond





Talk it out in person if you have a conflict with someone you know

Respect other people's privacy when you share things digitally





Know when to leave your device alone & balance time offline

Think Critically. Use technology to connect & create in positive & powerful ways.



Learn more: www.burnabyschools.ca