2023 – 2024 Bell Schedule

REGULAR DAY BELL SCHEDULE (Monday - Thursday)

Bell / Period Time Flexible Student Support Time 8:40 - 9:10Period 1 / 5 9:10 - 10:22**Nutrition Break** 10:22 - 10:32Period 2 / 6 10:37 - 11:49LUNCH 11:49 - 12:29 Period 3 / 7 12:34 – 1:46 Period 4/8 1:51 - 3:03

FLEX / COLLABORATION SCHEDULE (Friday)

Bell / Period	Time
Extended Flex / Collab Time	8:40 - 9:30
Period 1 / 5	9:30 - 10:37
Nutrition Break	10:37 - 10:47
Period 2 / 6	10:52 - 11:59
LUNCH	11:59 - 12:39
Period 3 / 7	12:44 - 1:51
Period 4 / 8	1:56 - 3:03

UPCOMING EVENTS – FEBRUARY

20 TH – 23 RD	Kindness Week
23 RD	Drumming Session in the Learning Commons at lunchtime with Squamish Elder
26 TH – March 1 st	Mental Health Week
28 TH	Pink Shirt Day

PROMPT CHALLENGES: The Kindness Foundation Club is hosting a kindness prompt challenge during kindness week from February 20th-23rd. We encourage you to complete these daily prompts and spread kindness! TuesdayCompliment someone and so something you enjoy

Wednesday......Reflect on what you did well today and write someone a thank you message

Thursday......Write and share 3 things that you are grateful for Friday.....Leave an encouraging note on someone's locker

Follow us @msskindnessfoundation for additional prompt! Kindness Club/ Ms. Green

HEY MOSCROP! Leadership 9 is hosting Kindness Week, from February 20 to 23. We'll be taking a schoolwide photo, hosting a Kindness Bingo, love lock display, and most importantly, we'll have a pre-sale for vinyl's and tattoos. Don't forget to show your kindness! Leadership 9/Mr. Hunter

KAHOOT: Hey Moscrop! Today, in room 320 Leadership will host a kindness week Kahoot! Show up for some free candy and if you're lucky enough to get into the top 3, you'll get more! There will also be a kindness week Bingo game available all week. Look for posters in the halls to scan the QR code to play! Leadership/Mr. Hunter

EVENING OF TALENTS: Moscrop, get ready to shine bright! Ticket sales for Evening of Talents are now open! Grab your tickets for yourself and for family and friends! Tickets are \$6 each. We'll be in the foyer during lunch this week and next, until March 1st. Join us for an unforgettable night of talented performances and prepare to be starstruck by dazzling skills and artistry on March 13th. Senior Leadership/Mr. Hunter

DIVERSITY DANCE: Attention All Students, on Wednesday March 6th the Burnaby School District will be hosting our annual District Diversity Dance. This dance is open to all high school students in the Burnaby school district, in the spirit of celebrating the diversity and inclusivity of our students. The dance will be held from 6pm-9pm at Byrne Creek Community School. Tickets will be on sale in the school office until Tuesday March 5th for \$10. There are only 35 tickets available per school, so buy them early to avoid missing out. The theme of the dance is "Enchanted Forest" so wear your best themed outfits! Hope to see you all there! Ms. Green

LIP SYNC BATTLE! Hey Lip syncers! Are you ready for it? Moscrops annual lip sync battle is back! Applications can be found outside of room 116 starting today, Tuesday 20th and are due on March 1st. Drop off your completed forms to the office. For more information check us out @moscropstudentgov on Instagram! Student Government/ Mr. Albrino

ARE YOU INTERESTED IN BECOMING A MEMBER OF THE STUDENT GOVERNMENT!? If you enjoy planning events, aspire to be the voice and leader of your student body, and are passionate about making a positive impact on both the Moscrop community and beyond, then this opportunity is for you! Apply to run in the grade 8-11 elections scheduled for Monday, April 8th. Student Government is a 4-credit course held outside the regular timetable, right after school on day 2's. Please note that only grade 12's are permitted spares in their schedule; for grade 8-11's, this would be your 9th course. Applications, calendar dates and information are available outside room 116. Make sure to carefully follow all the rules and refrain from any early campaigning, as it may result in immediate disqualification. We are excited to receive your

Student Government Roles/Responsibilities Descriptions:

(Revised 2024) Positions and Responsibilities

Student Government / Mrs. Greenside & Mr. Albrino

WHAT IS BLACK HISTORY MONTH? Black History Month is celebrated in Canada and several other nations during the month of February to honour the legacy and achievements of black people and their stories. Black History Month is "Black Excellence: A Heritage to Celebrate; a Future to Build". *Ms. C. Wong*

YO, YO, YO, MOSCROP! The **EVENING OF TALENTS** is coming up! Leadership 12 is holding an audition in room 111 **today, February 20** from 3:15 to 5:45pm. Come show off your unique talents! The sign-up sheet is in front of room 116. Thank you, *Leadership 12 Class/Mr. R. Hunter*

MENTAL HEALTH WEEK: Hey Moscrop! Get excited for mental health week happening from February 26th to March 1st. There will be so many fun events to try, like just dance in the gym or visiting bunnies! More information coming out soon on Instagram by following mss.mentalhealth. Thank you, *Mental Health Club/L. Burgess*

BCIT Big Info Session - BCIT invites prospective students to join them at <u>Big Info</u> night on **Wednesday, February 21 from 4–7 pm.** Big Info is the largest program expo and information session at BCIT. It's an opportunity for students to get all their questions answered by BCIT's program advisors, current students, as well as faculty from over 300 programs – all in one place. For more info: https://mailchi.mp/f696e04f9d9f/tell-your-students-about-big-info-night-at-bcit-812701 *Ms. Vancic* **GRADE 11s**

CLC 11 has begun! Your first video and assignment have been posted in the CLC TEAM. Make sure you take a look and get them done by the deadlines. Below is a reminder of the CLC 11 dates and deadlines for Feb – June. - *Ms. Dato*

DATE/DEADLINES	TASK DESCRIPTION
Between Feb –	All students must plan to attend at least one post-secondary information
May	session & gather proof (can be virtual or in person) for assignment #5
By Feb 20	Watch instructional video #1 & submit attendance form
Feb 26 - Mar 1	As part of Assignment #1 – attend ONE "Wellness Week" lunch hour activity
Mar 3	Complete Assignment #1 in TEAMS
By Mar 14	Watch Instructional video #2 & submit attendance form
April 7	Complete Assignment #2 in TEAMS
By April 24	Watch instructional video #3 & submit attendance form
May 5	Complete Assignment #3 in TEAMS
By May 21	Watch instructional video #4 & submit attendance form
June3	Complete Assignment #4
June 3	Turn in Assignment #5

GRADE 12s

See our website for information on grad events. https://moscrop.burnabyschools.ca/information-for-grads/

Hey grads! Please SUBMIT YOUR GRAD QUOTES via the google form below by February 29th. You will have an option to add an image alongside your quote, and all submissions will be reviewed by our team. Thank you! https://forms.gle/hUPNueZkfQX1DM1t8 -The Moscrop Yearbook Team / Mr. Botting

CLC 12 SCHEDULE

Dates/Deadlines	Description
February 25 th	Final deadline to hand in overdue CLC12 assignments to Ms. Dato

SCHOLARSHIP INFORMATION

ATTENTION GRADE 12'S:

ATTENTION Grade 12's interested in finding out more about Scholarships:

- a TEAM has now been created, see link below:
 - o Join the Scholarship Team (Grad 2024)
 - o Join code: wusjr9r
- Watch the video posted in the TEAM for general information

For details about scholarships, subscribe to: https://moscropsecondaryscholarshipsblog.wordpress.com/

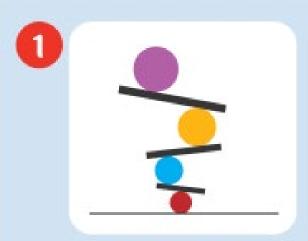
SCHOLARSHIP	DEADLINE
Indspire Bursaries, Scholarships, and Awards	February 1, 2024, at 11:59 PM August 1, 2024, at 11:59 PM (EST Eastern Standard Time)
Society of Manufacturing Engineers Scholarship	February 1, 2024
BC Excellence Scholarship	February 5, 2024, to Ms. Wong
BCGEU Scholarships	February 15, 2024
District Scholarships - see TEAMS for more information	March 13, 2024 on Scholarship TEAMS
·	(Assignment)
Kochhar & Co. CPA Scholarship	March 31, 2024
South Burnaby Metro Club	April 15, 2024
Burnaby Sports Hall of Fame	May 31, 2024

DRUMMING FEBRUARY 23RD

Come drum with Elder Bucky! On Friday February 23rd at lunch in the Learning Commons all staff and students are welcome to an Indigenous drumming session led by Elder Bucky. This is a great opportunity to spend time with an Indigenous Elder and Knowledge Keeper. Learn more about the importance of drumming and Indigenous culture. No experience necessary! Drums provided. See you Friday! *Ms. Campbell*

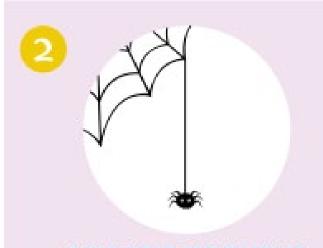


5 THINGS YOU NEED TO KNOW



BUILD BALANCE

Know when you've had enough screen time & prioritize wellness.



BUILD YOUR SPIDEY SENSE

Know how to spot legitimate information from untruths online.



BUILD BOUNDARIES

Know the skills to protect your privacy & security.



BUILD YOUR DIGITAL FOOTPRINT

Know everything you post is permanent & always think first.



BUILD RESPECT

Know how you want to be treated online & treat others the same.

Digital citizenship is a way to describe the ability to navigate & engage in digital environments safely & responsibly.

Learn more: www.burnabyschools.ca